Diabetes care at UHS is initiated by the primary physician with support from nurses, dietitians who are Certified Diabetes Educators, and Endocrinologist (Physicians who specialize in diabetes). The two-hour diabetes class is filled with education on nutrition, common medication, review of current lab reports, self-monitoring and much more. The goal is for the person with diabetes to become the expert in managing their diabetes. Click here for more information regarding Nutrition Care